

HOUSE RULES

t h e p o d c a s t

Welcome to the House Rules Podcast

I'm Myquillyn Smith and welcome to House Rules.

I'm ready to help you create the home you've always wanted, so you can use it the way you've always dreamed.

When you spend your time, your creativity, your money,
When you take a risk,
When you use up *literal space* in your *actual home*,

You want to make sure it counts.

The best way I know to do this is to have some guidelines.

The name of this podcast is House Rules, but that's not because I expect you to mindlessly follow a bunch of strict rules or else. That sounds terrible.

I want you to learn the rules of decorating, and then break them beautifully.

When you do break those decorating rules, it should be because you believe your home will look better, not because you don't know better.

Break the rules because you're confident, not because you're clueless.

You can't do that unless you first understand why some things look great and others look hideous.

I'll be your guide, your bossy big sister, your fellow home and beauty obsessed teacher.

Over the past few decades my husband and I have raised our boys in 15 different homes of all types. Some circumstances were wonderful, while others were annoying or out of our control.

We've lived in a tiny home, lots of rental homes, some builder grade homes, a civil war era mansion with unconfirmed hauntings, a fixer upper on 13 acres, and right now, we live in a 1905 Queen Anne Victorian on the main street of our little town.

Whether you live in your in-law's basement, a custom build, an RV, a parsonage, a log cabin in the woods, a loft in the city or an estate in the country...

Whether you're a minimalist, a maximalist or somewhere in between...

There are universal decorating truths that apply to every personal style, every home era, and every budget.

Creating home is an art *and* a science, and we're gonna talk about both.

James Clear says, "Environment is the invisible hand that shapes human behavior."

Our environment has an affect on our actions and emotions.

What we surround ourselves with has real impact and legit influence.

There's a deeper purpose to decorating than just a bunch of pretty throw pillows and cute tchotchkes.

Y'all, decorating with beauty, meaning and intention affects our actual lives.

Let's create meaningful beauty in the most important environment we'll ever have: Home.